

Consumers Can Help Prevent  
Harmful Medication Incidents

## SafeMedicationUse.ca Newsletter

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### Camp-Ready Tips: When Kids Need to Bring Medications

If your child takes medications, being away from home requires some extra planning for a safe and enjoyable stay.

ISMP Canada learned about a child at camp who was given medication that was meant for another camper with the same first name, instead of their own medication.

#### These tips can help you and your child prepare for camp:

- Help your child learn about their medications (including what they look like) by using the [5 Questions to Ask About My Medicine](#).
- Ask the camp about their policies and procedures. Fill out any required forms, or ask your child's prescriber to complete them, if necessary.
- Prepare your child's medication supply:
  - Make sure each medication is labelled with your child's first and last names, the medication name, when and how it should be taken, and any special instructions.
  - Send enough of each medication for the entire time away. You may want to include an extra few days' supply, in case your child is away longer than expected.
  - Think about asking your pharmacy to pack the medications in blister packs. This can help keep the medications organized.
  - Provide a photo of your child and your contact information.
- Help your child understand how to access emergency medications (e.g., EpiPen, inhaler) when at camp.
- Encourage your child to speak up if they have any questions about their medications.



This newsletter was developed in collaboration with Best Medicines Coalition and [Patients for Patient Safety Canada](#).

Recommendations are shared with healthcare providers, through the [ISMP Canada Safety Bulletin](#), so that changes can be made together. This newsletter shares information about safe medication practices, is noncommercial, and is therefore exempt from Canadian anti-spam legislation.

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